



## Health and Wellbeing – a tailored programme

We have put together this programme which we think might provide relevant and excellent learning opportunities for anyone with an interest in health and wellbeing. There are also other track and theatre sessions to choose from. **See full conference programme for details.**

Day one: Monday 20 November 2017

**09.15** **Welcome to IOSH 2017: President's address**  
**Graham Parker**, President, **IOSH**

**09.30** **Enhancing the profession**  
**Bev Messinger**, Chief Executive, **IOSH**

**10.15** **Wellbeing, in particular mental health - a competitive advantage?**  
**Geoff Mc Donald**, Executive Director, **Open Minds Health**

**11.00** **Refreshments and Exhibition, plus theatre sessions**

**11.30** **Track A:** Good practice: global challenge, local context

### ***When global and local cultures collide - lessons from global business's local operations***

It's rare to pick up a safety magazine without seeing an article on safety culture, but countries and workers from different nationalities all share different cultures, starting points and approaches to safety. When world class is often aligned with consistency, how can organisations use local cultures to improve safety performance? Global research will be presented alongside practical examples to demonstrate how local cultures can contribute to improved safety performance.

**John Huckstepp**, author, **A Blank Canvas Ltd**

**12.20** **Track C:** Insight: influence, innovation, integration

### ***International perspectives on safety, health and well-being for the 21st century***

Innovations, robotisation and 'artificial intelligence' (AI) are rapidly transforming work environments across many sectors. Concerns for jobs security, user safety, quality of decision-making and de-skilling are being raised, as is the pace of change. The ethical issues pertaining to AI remain in their infancy. The panel will challenge the assumptions that support and maintain current practices, and discuss the emerging hazards, new insights and innovations in health and safety for the 21st century.

**Philip McAleenan**, Partner, **Expert Ease International**  
**Ciaran McAleenan**, Partner, **Expert Ease International**  
**Rakesh Maharaj**, CEO, **ARMSA Consulting**

**13.00** **Lunch and Exhibition, plus theatre sessions**

**14.30** **Business themed keynote presentation**  
**Stephen Martin**, Director General, **Institute of Directors**

**15.15** **A positive approach to psychosocial risks: creating an engaged workforce**  
**Kris De Meester**, Senior Adviser, **Federation of Enterprises in Belgium**, Chairman, **Health and Safety Working Group**, **BusinessEurope**

**16.00** **Refreshments and Exhibition**

**16.30** **Track B:** Striving for excellence: up to date, up to speed

### ***Workplace wellbeing: bridging safety and health***

A true culture of health and safety is dependent on not only a strong safety programme, but also one that focuses on worker wellbeing. Outlining the major successes and challenges that the Campbell Institute organisations have experienced when developing and maintaining their wellbeing programmes, the session will address other issues such as the difficulty in calculating a return on investment for wellbeing programmes, and some of the barriers to truly integrating health and wellbeing with occupational safety.

**Joy Inouye**, Research Associate, **Campbell Institute**, **National Safety Council**

**17.15** **The future of work – the gig economy**

With nearly 5 million people in the UK working as part of the gig economy, and with forecasters indicating that this could become 50 per cent of the working population by 2020, the gig economy is becoming one of the biggest shake-ups in working practices since the Industrial Revolution. This session will explore how looking after your employees, their wellbeing, health and safety and the magnified risks and benefits this brings to business will become even more paramount.

**Matthew Taylor**, Chief Executive, **Royal Society of Arts**

**18.15** **Evening networking reception**



Day two: Tuesday 21 November 2017

**09.15 Welcome to day two**  
**Cathy Newman**, Journalist and Broadcaster

**09.25 Achieving your goals**  
**Tanni Grey-Thompson**, Paralympian, **Crossbench Peer in the House of Lords**, motivational speaker & broadcaster

**10.30 Populism, Brexit and H&S - an interactive panel debate**  
**Chair: Lawrence Waterman OBE**, Founding Partner, **Park Health & Safety Partnership LLP**

**11.00 Refreshments and Exhibition plus theatre sessions**

**11.30 Track B:** Striving for excellence: up to date, up to speed

**Research into return to work**

Being in work is good for health and having a workforce not working, is bad for business. With changing demographics many businesses are dealing with a workforce that may have increasing chronic or serious illnesses. Leading businesses recognise the benefit of supporting their staff, either to stay in work or return successfully after illness. What is less understood is the health and safety implications associated with chronic or serious illness and being in the workplace; or returning back to it. The session explores the findings from IOSH funded research that has explored exactly this.

**Kate Field**, Head of Information and Intelligence, **IOSH**

**12.20 Track A:** Good practice: global challenge, local context

**The use of mindfulness in health and safety to reduce incidents**

Mindfulness is an extremely effective tool in reducing the number of incidents that occur in the transport sector, and research from the railway industry demonstrates how it can make a difference by significantly reducing the level of incidents. A case study will be presented, detailing the work carried out jointly by Abellio and CIRAS to introduce the practice of mindfulness to bus drivers, with the clear intent to help them stay focused and avoid safety-related incidents.

**Monica Monti**, HSQE Manager, **Abellio London & Surrey**  
**Chris Langer**, Scheme Intelligence Manager, **CIRAS**

**13.00 Lunch and Exhibition, plus theatre sessions**

**14.30 Enhancing the profession**  
**Bev Messinger**, Chief Executive, **IOSH**

**15.15 Summary/conclusions**  
**Craig Foyle**, President Elect, **IOSH**

**15.30 Track A:** Good practice: global challenge, local context

**The message is the culture**

This presentation will demonstrate the use of polar opposite narrative films in addressing a common set of safety leadership behaviours for an employer with facilities in Australia and India who wanted to build capability in speaking up, thinking ahead, accountability, recognition and team work (START) –behaviours seen as critical to developing a more mature safety culture. Two films were produced as learning tools, offering a challenge to traditional ‘behavioural-based’ safety programmes to elicit change through emotional engagement.

**Richard Coleman**, CEO, **The Interchange**

**16.15 Roundtable discussions:**  
choose from - Legal Update, Tideway – 7 Year Research project, Apprenticeships, ISO 45001, Vision Zero, Safety at International Sports Events, Current perspectives on fire safety, using technology for OSH improvements.

**17.00 Conference ends**