



### Public sector – a tailored programme

To help you navigate through the programme at IOSH 2019 we have suggested some potential pathways for different sectors and have highlighted some “don’t miss” sessions for certain skills. To view the full programme and other track sessions please visit the conference website, [www.ioshconference.com/programme](http://www.ioshconference.com/programme).

07.45 Registration and exhibition

08.45 **Breakfast session: Give back to pay forward – health and safety making a difference:** Garrett Brown, Industrial Hygienist, ex CAL/OSHA; James Pomeroy, Group HSES Director, Lloyd’s Register

09.45 **Chair’s opening remarks:** Cathy Newman, TV presenter and broadcaster

09.55 **President’s welcome:** Professor Vincent Ho, President, IOSH

10.05 **Opening address:** Martin Temple, Chair, HSE

10.45 Refreshments and exhibition

10.55 **Theatre workshop 1**  
**Put your own mask on first**

↓  
Alison Wright Reid,  
Senior Consultant, Alison Wright Reid Ltd

11.30 **Parallel sessions (45 minutes)**

T6 **03 Avatar – from movie to safe moving and handling through virtual ergonomics:** David Rowbotham, Global Head of Health and Safety, Bupa and María Jose Casellas Gresa, Head of Health, Safety and Wellbeing, Sanitas Mayores

How a Spanish care home business identified an innovative, digital methodology to increase awareness of safe lifting techniques to keep people healthier by minimising musculoskeletal injuries.

12.25 **Parallel sessions (45 minutes)**

T6 **09 Managing psychosocial risk – practical steps to promote mental health in the workplace:** Abigail Hirshman, Head of Mental Health and Wellbeing, Acas

Acas’ new Positive Framework for Mental Health clarifies how workplaces can promote positive mental health by setting out specific responsibilities and actions for employers, managers and individuals.

13.10 Lunch and exhibition

13.45 **Theatre workshop 2**  
**Collaboration – underpinning skills**

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14.15 Michael Emery, Owner and Director, Securus Health & Safety Limited

14.30 **Taking care of business – Strategies for optimising individual and organisational wellbeing, performance and productivity**

Dr John Briffa, practising doctor, author and international speaker. This session will explore the link between wellbeing and personal and organisational productivity. Dr Briffa will offer a selection of lifestyle and thinking strategies that can be used on a daily basis to optimise energy, performance and resilience, both in and out of the workplace.

15.35 **Growing your influence – how you can excel at cross-functional collaboration: a panel debate**

In the rapidly changing world of work, collaboration across functions in an organisation is critical to improving business performance. This panel discussion will examine how the work of the OSH professional should overlap with other parts of the business to achieve excellent outcomes.

16.20 Refreshments and exhibition

16.30 **Theatre workshop 3**  
**Inside the opera ‘factory’ – protecting musicians from noise**

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17.00 Dominique Perrissin-Fabert, MPH Health and Safety Manager, Royal Opera House and Alexandra Lucas, Health and Safety Advisor, Royal Opera House

17.05 **Parallel sessions (45 minutes)**

T6 **13 The safe and healthy route to going global:** Jonathan Nobbs, Head of Product, IOSH

Creating and implementing a strategy that looks after your people and ensures suppliers meet your safety standards is a business-critical investment.

18.00 **Networking drinks reception in exhibition area**

## Key to Topics

■ Topic 6: Healthier workplaces

## 07.45 Registration (for day two delegates only) and exhibition

08.00 Breakfast briefing –  
Legal reflections on  
safety leadership

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08.45 Tim Hill LLB,  
Partner, Solicitor-Advocate,  
Eversheds Sutherland  
(International) LLP

Breakfast panel debate –  
Leaders creating  
disruptive thinking

Chaired by Karl Simons,  
Chief Health, Safety  
& Security Officer,  
Thames Water

## 09.00 Chair's welcome to day two

Cathy Newman, TV presenter and broadcaster

## 09.15 Motivational keynote

Giving an overview of his personal story of survival and how having a positive mindset helped him recover from his injuries Frank will share what he has learnt from his experience, the strategies he has employed and how this can be related to the business world. He will also consider current global security challenges and their potential impact.  
Frank Gardner, Journalist and author

## 10.15 Refreshments and exhibition

## 10.25 Theatre workshop 4

## Serious injury and fatality prevention – perspectives and practices

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10.55 John Dony, Director, Campbell Institute,  
National Safety Council and Joy Inouye, Research Associate,  
Campbell Institute, National Safety Council

## 11.00 Parallel sessions (45 minutes)

T6 **18 Mental health in the workplace – building a brighter future:** Chaired by Duncan Spencer, Head of Advice and Practice, IOSH and Jonathan Nobbs, Head of Product, IOSH. Other panel members to be confirmed

Mental health is high on the agenda of many organisations. This session will examine the pitfalls and benefits of appointing MHFA's amongst others.

## 11.55 The future world of work

What will the future world of work 'look like' and how can business leaders and managers prepare their organisations and employees for the future in terms of the knowledge, skills, flexibility and creativity required to succeed

## 12.25 Lunch and exhibition

## 13.00 Theatre workshop 5

## Using Artificial Intelligence to save lives with proactive just-in-time alerts

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13.30 Roy Daya, CEO, Applied Machine Learning and Hanan Hefter, EVP, Global Sales and Customer Success, Applied Machine Learning

## 13.40 Leading sustainability and human capital – a panel debate

This panel session will draw from representatives with a vested interest in traditional OHS management and the connection to human capital management. Experts from the corporate and investor community will provide their perspectives on the latest trends in sustainability that link to workplace health and safety issues.

## 14.25 Summary/conclusions

Professor Andrew Sharman, President-Elect, IOSH

## 14.45 Parallel sessions (45 minutes)

T6 **21 Using mindfulness to generate an effective safety culture:** Dr Jutta Tobias Mortlock, Senior Lecturer, Organisational Psychology, City University, London

How to apply the principles of mindfulness at a team or organisational level to help colleagues anticipate and respond to stress more effectively.

## 15.45 Parallel sessions (45 minutes)

T6 **26 Tackling the leading causes of sickness absence at a strategic level – recovery at work:** Jenny Lunt, Director/Registered Health Psychologist, Alt-OH

Discussing the willingness of business to permit recovery at work and face other occupational health challenges such as the 'Gig Economy' and 'Good Jobs'.

## 16.30 Conference closes